



St. John Ambulance Saint-Jean

SAVING LIVES SAUVER DES VIES
at work, home and play au travail, à la maison et dans les loisirs



St. John – Council for Ontario

Emergency First Aid with CPR Level A (Adult)

Three year certification
Meets Canada Labour Code
Student contact – 6.5 hours

Lessons	Description	Timing
Lesson 1	Emergency Scene Management	75
Lesson 2	Shock, Unconsciousness and Fainting	15
Lesson 3	Choking – Adult	60
Lesson 4	Cardiovascular Emergencies and One Rescuer CPR – Adult	45
Lesson 6	Medical Conditions	30
Lesson 5	Severe Bleeding	45
Lesson 15	Wound Care	60
Lesson 19	Burns	30
	<i>Knowledge based assessment</i>	30

SAMPLE OUTLINE

Lesson 1	Emergency Scene Management	8:30
Lesson 2	Shock, Unconsciousness and Fainting	9:45
	<i>Break</i>	10:00
Lesson 3	Choking – Adult	10:15
Lesson 4	Cardiovascular Emergencies and One Rescuer CPR – Adult	11:15
	<i>Lunch</i>	12:00
Lesson 6	Medical Conditions	13:00
Lesson 5	Severe Bleeding	13:30
	<i>Break</i>	14:15
Lesson 15	Wound Care	14:30
Lesson 19	Burns	15:30
	<i>Knowledge based assessment</i>	16:00
	<i>Wrap Up</i>	16:30



Registration Form for St. John First Aid Training Course

I. Course Details:

- Course Name: One Day Emergency First Aid Training
 Date/Time: Thursday, January 28, 2010 9:00am to 5:00pm
 Punctuality: **Mandatory attendance to all sessions is required.** This is a certificate course and students are evaluated on practical skills as well as knowledge based evaluation. The instructor cannot accept cutting class for over 10 minutes. Students are liable for full payment of the course if disqualified for the reason of cutting class.
- Dress Code: Please dress casually and comfortably. You will be asked to participate in practical sessions which are often on the floor.
- Testing: Course instructions and testing are conducted in **English**. Verbal testing is available for students who might have difficulty with a written exam. If you require a verbal test, please indicate so by checking the following box:
 Verbal Testing requested
- Venue: St. John Ambulance Scarborough Training Centre
 210 Milner Ave., Room B, Scarborough, ON M2S 4M7
 (Markham Rd & Highway 401)
- Course Fee: \$90.00 for members of any CBA (Chinese Business Association) and \$95.00 for non-members
(checks payable to Toronto Chinese Business Association)
- Registration: Fax/email the completed registration form to TCBA.
 Fax: (416) 595-7334 or email at: membership@tcbacanada.com
 TCBA will confirm your registration by return of email or phone call.
 Inquiry: (416) 595-0313 ext 21

II. Registration

- Name (for the certificate): _____
 Address: _____
 City: _____ Prov: _____ Postal Code: _____
 Tel: _____ Email: _____
 Company Name (if applicable): _____
- Affiliation: MCBA RHCBA
 (Please one) SYRCBA TCBA
 Not a member of any Chinese Business Association

Signature of the Participant: _____

For TCBA Official Use	
Registration Received: _____	Registration Accepted: <input type="checkbox"/> YES <input type="checkbox"/> NO
Payment Amount: _____	Check Number: _____
Certificate No: _____	Issued in Person/Mailed On: _____
Remarks: _____	